



*Listen,
Love,
Live in Christ!*

Good Shepherd Parish Celebrates Lent

+ Prayer + Fasting + Charitable Giving

Traditionally the Church has suggested three primary ways to help us return to God with all our heart: prayer, fasting and charitable giving. **Prayer nourishes** our spirits. **Fasting disciplines** our bodies, helping us seek God with greater intensity and putting us in solidarity with those who suffer. **Charitable giving enlarges our hearts** as we commit ourselves to the good of others.

+Prayer

Meeting Christ in Prayer

An 8-week guided prayer experience to introduce participants to various ways of praying, provide an opportunity to meet Christ anew and experience support in the Christian life in a new way.

Lenten Evening + Sunday, February 25 + St Zepherin Church + 7 pm
Presenter: Sister Roberta

Parish Retreat + Sunday, March 4 + St Ann Church + 10 am – 1:00 pm
Presenter: Father Daniel O'Connell

This Mass replaces the 8:30 and 10:30 AM Masses that Sunday.

SACRAMENT OF RECONCILIATION

Wednesday evenings during Lent, February 21 – March 28, from 6:30 – 8:00 pm, at Saint Ann Church there is an opportunity to receive the gift of God's mercy and peace through confession. Visit www.SimpleConfession.org.

STATIONS OF THE CROSS

The Stations of the Cross is an ancient form of Christian devotion. Making the Stations of the Cross can be a powerful way to contemplate and enter the mystery of Jesus' gift of himself to us. This traditional devotion will take place each Friday (February 16 – March 23) in St Ann Church at 7 pm. The Stations of the Cross will also take place at 3 pm on Good Friday in St Ann Church.

ADORATION AND ROSARY ~ Monday evenings, February 19 – March 26 + St Ann Church + 7 pm

Additional information for these events will be in the bulletin and [@GoodShepherdWayland.org](https://www.instagram.com/GoodShepherdWayland.org)

+Fasting + Charitable Giving



CRS Rice Bowl is Catholic Relief Services' Lenten faith-in-action program. It's an opportunity for us as a parish to come together as a community and reflect on what it means to live out our Gospel call to reach out to those most in need. Reflecting on the crosses of hunger, poverty and war carried by our brothers and sisters, we have an opportunity to also reflect on our roles in caring for them as members of our human family. Visit crsricebowl.org/stories.

+Adult Education

CATHOLIC UPDATE is a 4-page newsletter that focuses on a topic that will inform and enrich your understanding of our faith. Each weekend during Lent there will be a Catholic Update inserted in the bulletin. If you receive the bulletin electronically, additional copies of the Update will be available at church.

Adult Education Series – Tuesday Evenings + St Zepherin Center + 7pm

2/20 The History of Evangelization; Scripture to Papal Encyclicals ~ Fr. Dave O'Leary

2/27 Evangelization & The Extension Society ~ Dr. Tim Muldoon

3/6 Evangelization & Culture ~ Melissa Prazak

3/13 Being a Lay Evangelist ~ Brian Prunier

3/20 Evangelization & Disciples in Mission ~ Sister Pat Boyle CSJ

BEST LENT EVER Our lives change when our habits change. Best Lent Ever is a free email program that will guide you on an incredible 40-day journey to become the-best-version-of-yourself, making this a truly life-changing Lent. You will learn simple yet powerful ways to become the person God created you to be. You will receive daily emails with short inspirational videos, practical tips to incorporate into your everyday life, and personal stories from Dynamic Catholic team members. To sign up, visit BestLentEver.com.

Holy Week Schedule

Sunday	March 25	Tenebrae	7:00 PM	St Zepherin Church
Thursday	March 29	Morning Prayer	9:00 AM	St Zepherin Church
Friday	March 30	Morning Prayer	9:00 AM	St Zepherin Church
Saturday	March 31	Morning Prayer	9:00 AM	St Zepherin Church

Friday March 30 **Stations of the Cross** 3:00 PM St Ann Church

Thursday	March 29	Celebration of the Lord's Supper	7:30 PM	St Zepherin Church
Friday	March 30	Celebration of the Lord's Passion	7:30 PM	St Ann Church
Saturday	March 31	Celebration of the Easter Vigil	7:30 PM	St Zepherin Church

Easter Sunday 9 AM St Ann Church; 11 AM St Ann and St Zepherin Churches